



## **Hydrogeological Risks Emergency instructions**

If you find yourself inside a building

1. Do not go outside; remain where you are. Staying in the building will protect you more than being out in the open.
2. Hide under a table, in a doorway, or near supporting walls. They can protect you in case of collapse.
3. Move away from windows, doors with glass and cabinets. If they fall, they could hurt you.
4. Do not use elevators. They could get stuck and prevent you from getting out.

If you find yourself outside

1. Move away from buildings, trees, lampposts, and telephone and electrical lines. If they fall, they could hurt you.
2. Do not go on a road that has material that fell from a landslide. This material is unstable and could start moving again.
3. Do not go on the body of a landslide. It may seem stable, but you can get stuck or fall through.
4. Do not enter houses without first having an expert look. There may be structural damage.